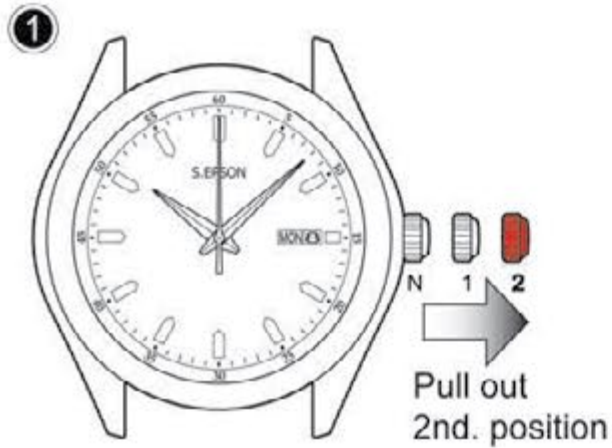
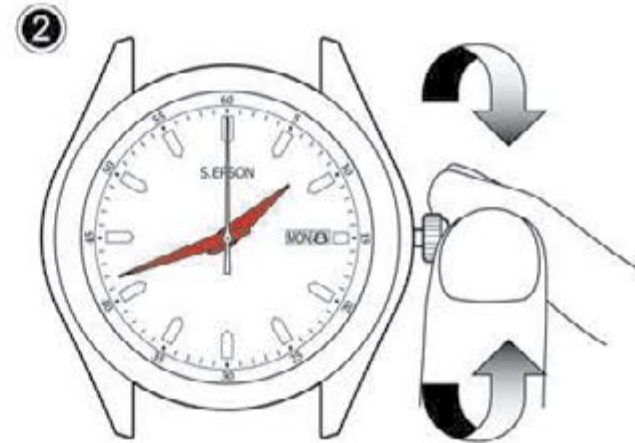


How to Set Time:

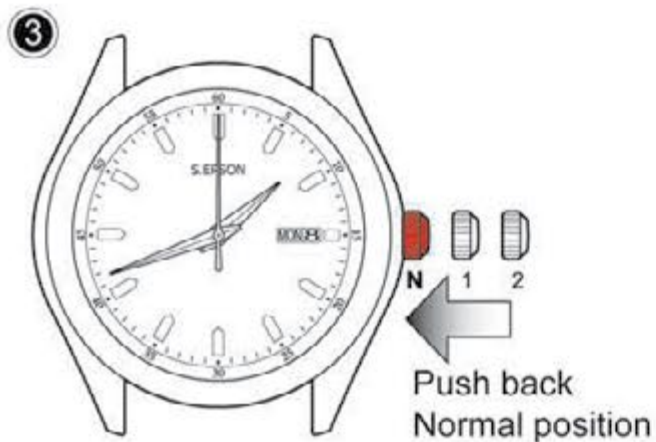


- If your watch is three hands type, pull crown out to the 2nd click position when the second hand is at the 12 o'clock position.



- Turn the crown to set the time.

Note: When setting the minute hand, advance it 4 to 5 minutes ahead of the desired time and then turn it back to the exact time.



- Push crown back to normal position. See the second hand begins to run.