

The Shield *Nuno* and *Jarrold* Timepieces

(SH0401-SH0107 / SH0401-SH0408)



SH0101 - SH0107



SH0401 - SH0408

Setting Instructions:

- 1) Unscrew the crown by rotating it counterclockwise until it is free from the case threads.
- 2) Pull the crown out two clicks.
- 3) Set the current time by rotating the crown counterclockwise;
 - for AM hours **do not** advance the hour hand past the 12 o'clock position,
 - for PM hours advance the hour hand past the 12 o'clock position **once**.
- 4) Push the crown in one click.
- 5) Set the current date by rotating the crown clockwise until the correct value is displayed.¹
- 6) Set the 24 hour indicator by rotating the crown counterclockwise. (*SH0101-SH0107 models*)²
- 7) Push the crown in one click to commence timekeeping.
- 8) Secure the crown by pressing in on it to overcome the spring resistance, then rotate clockwise to start the threads, then continue screwing the crown down until it is secured to the case. **Finger-tighten only.**

¹ Setting the time to AM / PM accordingly ensures that the date indicator changes at midnight rather than noon. If the date indicator is changing in the afternoon advance the hour hand one full rotation (12 hours), then reset the date indicator as necessary.

² The 24 hour indicator may be set to the current Timezone or to a separate Timezone for alternate timekeeping if desired.

Calculating Walking Speed

The walking speed scale found on the Shield *Nuno* and *Jarrold* timepieces is incrementally marked to provide an average rate of travel in kilometers per hour when referenced using the following procedure:

- 1) Commence travelling when the second hand is at the 12 o'clock position.
- 2) Observe the position of the second hand after approximately 50 meters (164 feet) has been travelled.
- 3) The second hand will indicate the approximate walking speed in km/hr (kmh).

Example:

If a person wearing the watch begins travelling when the second hand is at the 12 o'clock position, then travels approximately 50 meters or 164 feet, referencing the location of the second hand the scale indicates that the wearer's average walking speed was approximately 5.5 kmh.

Note: this scale is only intended to provide an *estimate* of travel speed due to the potential of any given wearer erroneously judging distance.



Water Resistance Guidelines

Note: the screw down crown must be properly secured to the case to achieve the rated water resistance. Additionally, manipulation of the crown while the watch is in contact with water will negate the rated water resistance as water penetration may occur.

Rating	Submersible	Capacity of Resistance
No Marking	No	Splash/light contact only.
5ATM	No	Hand/dish washing.
10ATM	Yes	Low depth and short duration only.
20ATM	Yes	Short duration diving up to 5 meters.
25ATM+	Yes	Average depth and duration diving.