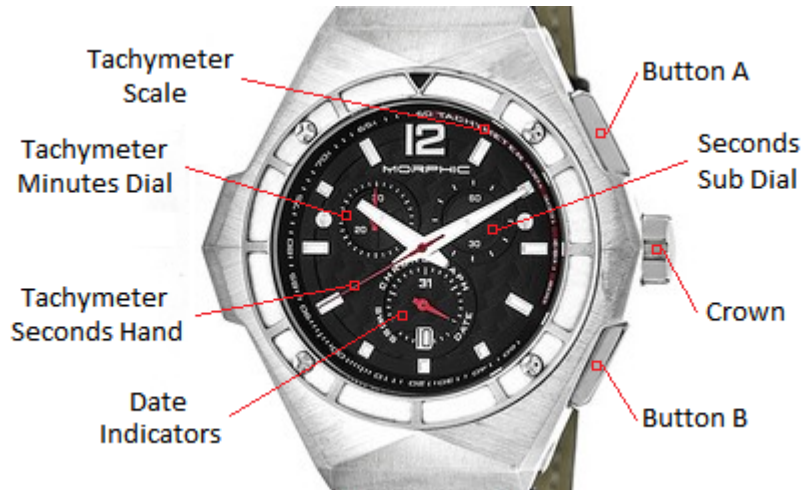


The Morphic M45 Series Timepiece (MPH4501-MPH4507)



Time and Date Setting:

- 1) Pull the crown out two clicks.
- 2) Set the current time by rotating the crown counterclockwise.
- 3) Push the crown in one click.
- 4) Set the current date by rotating the crown clockwise till the correct value is displayed.¹
- 5) Push the crown in one click to commence timekeeping.

Tachymeter Functions:

Start / Stop / Reset

- 1) Press Button A to start the timer, press again to stop.
- 2) Press Button B to reset the timer / hands.

Lap Tracking

- 1) Press Button A to start the timer.
- 2) Press Button B to pause the hands of the timers (tachymeter will continue running).
- 3) Press Button B to resume (timer hands will advance to current time).
- 4) To stop the timer press Button A (tachymeter and timer hands will stop), press again to resume.
- 5) To reset the timer press Button A to stop, then press Button B to reset.

Water Resistance Guidelines		
Rating	Submersible	Capacity of Resistance
No Marking	No	Splash/light contact only.
5ATM	No	Hand/dish washing.
10ATM	Yes	Low depth and short duration only.
20ATM	Yes	Short duration diving up to 5 meters.
25ATM+	Yes	Average depth and duration diving.

¹ If the date indicators are changing in the afternoon or cycling out of sync, advance the time 12 hours.